

# Ana Nikčević PhD CPsychol AFBPsS FHEA

T: +44 (0)20 8547 2287 E: [A.Nikcevic@kingston.ac.uk](mailto:A.Nikcevic@kingston.ac.uk)

## ACADEMIC AND RESEARCH APPOINTMENTS

---

### **Associate Professor of Psychology**

Department of Psychology, Faculty of Arts and Social Sciences, Kingston University, London, UK  
*01/08/2014 – present*

- Programme Director for the MSc Clinical Applications of Psychology course. Module leader of two modules on the programme.

### **Honorary Research Fellow**

Harris Birthright Centre for Fetal Medicine, Kings' College Hospital, NHS Foundation Trust  
*08/12/14 – 25/12/2016*

- Responsible for the design and delivery of a research project entitled "A mixed-method investigation of the psychological impact of pre-eclampsia screening and participation in the ASPRE trial". Supervised three psychology research assistants.

### **Senior Lecturer in Psychology**

Department of Psychology, Faculty of Arts and Social Sciences, Kingston University, London, UK  
*08/03 – 31/07/2014*

- Responsible for the design and delivery of both undergraduate and postgraduate modules. From 2011, Programme Director for the MSc Clinical Applications of Psychology course.

### **Lecturer in Psychology**

Department of Psychology, Faculty of Arts and Social Sciences, Kingston University, London, UK  
*02/02 – 07/03*

- Responsible for the design and delivery of undergraduate modules (module leader for Individual Differences, and Health Psychology). Also contributed to various other undergraduate modules. Played a significant role in the preparation of the documentation for the first ever validation of the BSc Psychology course at Kingston University with the British Psychological Society (BPS).

### **Visiting Lecturer in Psychology**

Department of Psychology, City University, London, UK  
*12/98 – 07/01*

- Responsible for the management and delivery of several modules including: Health Psychology (3<sup>rd</sup> year BSc Psychology module), Behavioural Medicine (MSc Health Psychology) and Professional and Contextual Issues (MSc Health Psychology).

### **Research Associate**

Harris Birthright Research Centre for Fetal Medicine, King's College Hospital, London, UK  
*09/96 – 12/01*

- Developed a research project examining the psychological aspects of early pregnancy loss. This involved carrying out several studies, of varied methodology, including a randomised controlled trial, collaborating with doctors and nurses in the Department, and writing up papers for publications in peer reviewed journals.

### **Research Assistant**

Institute of Medicine and Health, Podgorica, Montenegro

08/92 – 07/93

- Assisted in the literature review and data management on a project examining the role of dietary and behavioural factors in cardiac illness.

## **CLINICAL APPOINTMENTS**

---

### **Cognitive Behaviour Therapist**

Cognitive Behaviour Therapy Consultancy, London, UK

09/04 – present

Assessment and treatment of clients with a range of psychological difficulties (predominantly anxiety and mood disorders). Liaison with clients' GPs and psychiatrists.

### **Cognitive Behaviour Therapist**

Kingston University Counselling Services, Kingston University, London, UK

09/03 – 08/04

Delivery of short-term cognitive behavioural therapy to clients attending the Counselling Service.

### **Cognitive Behaviour Therapist**

Cognitive Behavioural Psychotherapy Unit, University College London and Camden & Islington NHS Trust, London, UK

09/98 – 10/00

Responsible for the assessment and treatment of clients presenting with varied conditions, predominantly anxiety and mood disorders.

### **Counsellor**

Harris Birthright Research Centre for Fetal Medicine, King's College Hospital, London, UK

10/97 – 12/01

Developed and run a Miscarriage Follow up Clinic for women and their partners who experienced early loss of pregnancy. Liaison with doctors and nurses in the Centre. Carried out the evaluation of the Miscarriage Follow-up Clinic.

## **EDUCATION**

---

### **Metacognitive (MCT) master class training**

MCT Institute Manchester (UK)-Trondheim (Norway)

11/13 – 11/15

This Metacognitive Therapy (MCT) training (eight workshops) provides state-of-the-art training for experienced CBT clinicians to develop a high level of competency in MCT.

### **PgCert in Learning and Teaching in Higher Education**

Kingston University, London, UK

09/03 – 06/04

### **PhD in Psychology entitled 'The impact of medical and psychological interventions on women's distress after early pregnancy loss'**

Supervisors: Professor Kypros Nicolaides and Dr Andrzej Kuczmierczyk

King's College, University of London, London, UK  
09/97 – 12/01

**PgCert in Cognitive Behavioural Psychotherapy**

Department of Psychiatry and Behavioural Sciences, University College London, London, UK  
09/98 – 10/99

**Certificate in Family and Couple Therapy**

Institute of Family Therapy and Birkbeck College, University of London, London, UK  
09/96 – 06/97

**MSc in Health Psychology (Distinction)**

Department of Psychology, City University, London, UK  
09/95 – 12/96

**BSc (Hons) in Psychology (First Class), Clinical Psychology orientation**

Department of Psychology, University of Belgrade, Former Yugoslavia  
09/87 – 12/92

---

**MEMBERSHIP OF PROFESSIONAL ORGANISATIONS**

---

**Member / Fellow of the Higher Education Academy (PR058098)**

The Higher Education Academy  
09/02 – present

**Associate Fellow of the British Psychological Society**

British Psychological Society, Leicester, UK  
11/11 – present

**Practitioner Psychologist (PYL17652)**

Health and Care Professions Council, London, UK  
02/09 – present

**Approved Stage 2 Supervisor for Health Psychology Professional Training**

British Psychological Society, Leicester, UK  
05/05 – present

**Registered Psychotherapist, Cognitive Therapies (04156733)**

United Kingdom Council for Psychotherapy, London, UK  
09/04 – present

**Accredited Cognitive Behaviour Therapist (986301)**

British Association for Behavioural and Cognitive Psychotherapies, Bury, UK  
09/04 – present

**Chartered Psychologist – Health Psychology (041370)**

British Psychological Society, Leicester, UK  
09/02 – present

---

## TEACHING

---

**Undergraduate:** Abnormal Psychology, Applied Psychology, Experimenting with People, Health Psychology, Individual Differences, Introductory Psychology.

*Module convenor:* Health Psychology (Kingston University); Individual Differences (Kingston University).

**Postgraduate:** Adult Psychopathology, Behavioural Medicine, Clinical Behavioural Medicine, Counselling & CBT Theory and Skills, Current Issues in Psychology, Health Psychology in Context, Professional Issues, Professional & Contextual Issues, Work-based module.

*Module convenor:* Adult Psychopathology (Kingston University); Behavioural Medicine (City University); Clinical Behavioural Medicine (City University); Counselling & CBT Theory and Skills (Kingston University).

## RESEARCH SUPERVISION

---

**BSc in Psychology:** In excess of 100 research projects supervised to completion.

### **MSc Clinical Applications of Psychology:**

**2012:** Celikkalkan, G.;

**2013:** Al-Khazraji, H.; Amos, R.; Gordon-Jones, S.; Rascotina, N.; Zakhmband, J.

**2014:** Donachie, A.; Fernandez-Pastor, A.; Fasoulaki, E.; Scevoli, N.; Soo, S.A., Verlander, M.

**2015:** Andreadiou, V.; Gwilliam, S.; Raczeck, G.;

**2016:**

### **MSc (Conversion) Psychology:**

**2011:** Grant, R.; Jatta, F.; Michalopoulos, H. E;

**2012:** Brook, P.; Daultrey, A.; Doulton, A.; Joshi, A.; Rascotina, N.; Prior, J.; Ziriati, M.; Fung, A.; Symons, S.

**2015:** Cheng, Y.

### **MRes Psychology:**

**2011:** Attar, N.

### **PhD Psychology:**

Barber, V. (2012-ongoing): Biomedical and societal effects of alcohol (second supervisor).

Dodd, Z. (2013-ongoing): Psychological impact of screening for pre-eclampsia (first supervisor)

Leach, D. (2013-ongoing): The role of metacognition in antenatal depression (first supervisor).

Chrissie-Pike, H. (2015-ongoing):

### **MSc and PhD Examining:**

Giannouli, E. (2004) MRes Psychology, London Metropolitan University; External examiner

Kearney, L. (2008) MPhil Psychology Kingston University; Internal examiner

Dunn, F. (2013) MSc in Clinical Psychology, The University of Newcastle, Australia: External examiner

## **ADMINISTRATIVE AND MANAGEMENT EXPERIENCE**

---

### **MSc in Clinical Applications of Psychology – Programme Director**

Department of Psychology, Faculty of Arts and Social Sciences, Kingston University, London, UK

09/11 - present

- Responsible for recruitment and admissions, programme management and leadership. Taught across 5 modules; module leader on two (Psychopathology across the Lifespan; and Professional Practice). Organised a programme of guest lecturers (across various modules), who are specialists in the field. The Programme has consistently exceeded its targets for recruitment, and is one of the best recruiting courses in the Faculty.

### **Coordinator of the MSc in Clinical Applications of Psychology Programme Development**

Department of Psychology, Faculty of Arts and Social Sciences, Kingston University, London, UK

09/09 – 02/11

- Sole co-ordinator of the programme development from the conception stage to full validation. Responsible for the development of all advertising material. The Programme was praised by the external validation panel for innovation of the teaching curriculum, originality of assessments and for an outstanding presentation of the MSc paperwork.

### **Member of the Psychology Subject Area Steering Group (PG courses)**

Department of Psychology, Faculty of Arts and Social Sciences, Kingston University, London, UK

09/10 – present

### **Representative of Academic Staff for the Faculty of Arts and Social Sciences**

Academic Board, Kingston University, London, UK

09/08 – 09/11

### **Member of the Psychology Subject Area Steering Group (PUGS)**

Department of Psychology, Faculty of Arts and Social Sciences, Kingston University, London, UK

09/08 – 09/10

### **Level 6 (Year 3) Tutor**

Department of Psychology, Faculty of Arts and Social Sciences, Kingston University, London, UK

09/03 – 09/10

- Developed an existing role by introducing the 'Introduction to Year 3' session to second year students; managed third year student representatives for Staff/Student Liaison meetings and programme boards.

### **Examinations Officer**

Department of Psychology, Faculty of Arts and Social Sciences, Kingston University, London, UK

09/08 – 09/09

### **Disability Officer**

Department of Psychology, Faculty of Arts and Social Sciences, Kingston University, London, UK

09/02 – 09/07

## **RESEARCH INTERESTS**

---

My research focuses on examining the role of cognitive and metacognitive processes across a range of conditions and disorders, from pregnancy and pregnancy-related events (miscarriage, antenatal and postnatal depression) to addictive behaviours (smoking, alcohol use, internet addiction), coping

with physical health conditions (chronic fatigue syndrome) and barriers to maximising academic performance (procrastination, test anxiety).

## EDITORIAL WORK

---

I have served as a an ad hoc reviewer for the following journals: Addiction, Addictive Behaviours, Addictive Behaviours Reports, British Journal of Medical Psychology, BMJ Open, Cognitive Behaviour Therapy, Cognitive Therapy and Research, Journal of Anxiety Disorders, Journal of Behavior Therapy and Experimental Psychiatry, Journal of Clinical Psychology, Journal of Psychosomatic Obstetrics & Gynaecology, Journal of Reproductive and Infant Psychology, Human Reproduction, Learning and Individual Differences, Ultrasound in Obstetrics and Gynaecology, Women & Health.

Grant proposal reviewer for:

- 1) National Institute for Health Research, Department of Health, UK:
  - Health Technology Assessment Programme;
  - Research for Patient Benefit Programme.
- 2) Economic & Social Research Council (ESRC), UK.

Editorial Board: Addictive Behaviors Reports (Elsevier journal)

Ad hoc book reviewer for Routledge (topic: Psychological aspects of pregnancy loss).

## SCHOLARSHIPS, GRANTS AND CONSULTANCY

---

**Nikčević, A.V.** (09/2013 – 09/2016). The psychological Impact of Pre-eclampsia screening on pregnant women. *Fetal Medicine Foundation, UK*. £65,750.

**Nikčević, A.V.** (12/2012 – 12/2015). Evaluation of co-production in mental health. *Rethink Mental Illness, funded by the Department of Health*. £30,550.

Terry, P. & **Nikčević, A.V.** (09/2011 – 09/2014). Biomedical and societal effects of alcohol. *The European Foundation for Alcohol Research (ERAB)*. £50,000.

**Nikčević, A. V.** (10/2010 – 07/2011). Development of a metacognitive measure of smoking behaviour, *Kingston University Research Investment Fund, London, UK*. £2,150.

**Nikčević, A. V.** (01/2010-03/2011). Adult Safeguarding Services: Questionnaire development and evaluation of users' satisfaction with the services. *Royal Borough of Kingston Upon Thames, London, UK*. £8,500.

**Nikčević, A. V.** (10/2009 – 07/2010). Metacognitions about smoking: a qualitative investigation. *Kingston University Research Investment Fund, London, UK*. £2,400.

**Nikčević, A. V.** (05/2005 – 09/2005). Development of health promotion material. *The Lean Team, BBC Channel 4, London, UK*. £2,400.

**Nikčević, A. V.** (10/2005 – 07/2006). Metacognitions and smoking: an exploratory study, *Kingston University Research Investment Fund*, London, UK. £1,000.

**Nikčević, A. V.** (10/1996 – 01/2001). Psychological aspects of missed abortions. *Harris Birthright Research Centre for Fetal Medicine, King's College Hospital, London, and the Fetal Medicine Foundation*, London, UK. £98,000.

**Nikčević, A. V.** (10/1995 – 10/1996). MSc in Health Psychology Scholarship. *Soros Foundation*, London, UK. £8,000.

## **MEDIA WORK**

---

**Nikčević, A. V.** (05/2009). "Keeping quiet about early miscarriage". *Women's Hour, BBC Radio 4*, London, UK.

**Nikčević, A. V.** (09/2005). "How to Control Overeating". *She Magazine*, London, UK.

## **PEER REVIEWED JOURNAL ARTICLES**

---

- [A31] **Nikčević, A. V.**, Caselli, G., Wells, A. & Spada, M.M. (in press). The metacognitions about smoking questionnaire: Development and psychometric properties. *Addictive Behaviors*.
- [A30] **IF:2.4**  
Spada, M.M., Caselli, G., **Nikčević, A. V.** & Wells, A. (in press). The role of metacognition in addictive behaviours. *Addictive Behaviors*. **IF:2.4**
- [A29] Tanwani, P., Fernie, B.A., **Nikčević, A. V.** & Spada, M. M. (in press). A systematic review of treatment for Impulse Control Disorders and related behaviours in Parkinson's Disease. *Psychiatry Research*. **IF:2.7**
- [A28] Fernie, B.A., Maher-Edwards, L., Murphy, G., **Nikčević, A. V.** & Spada, M. M. (in press). The Metacognitions about Symptoms Control Scale: Development and concurrent validity. *Clinical Psychology & Psychotherapy*. **IF:2.6**
- [A27] **Nikčević, A. V.**, Caselli, G., Green, D.M. & Spada, M.M. (2014). Negative recurrent thinking as a moderator of the relationship between perceived stress and depression. *Journal of Rational-Emotive and Cognitive-Behaviour Therapy*, 32, 248-256.
- [A26] Spada, M.M., Caselli, G., Slaifer, M., **Nikčević, A. V.** & Sassaroli, S. (2014). Desire thinking as a predictor of problematic internet use. *Social Science Computer Review*. **IF:1.5**
- [A25] **Nikčević, A. V.** & Nicolaidis, K.H. (2014). Search for meaning, finding meaning and adjustment in women following miscarriage: A longitudinal study. *Psychology and Health*, 29, 50-63. **IF: 2.3**
- [A24] Maher-Edwards, L., Fernie, B. A., Murphy, G., **Nikčević, A. V.** & Spada, M. M. (2012). Metacognitive factors in chronic fatigue syndrome. *Clinical Psychology & Psychotherapy*, 19, 552-557. **IF: 2.6**
- [A23] Caselli, G., **Nikčević, A. V.**, Fiore, F., Mezzaluna, C. & Spada, M.M. (2012). Desire thinking across the continuum of nicotine dependence. *Addiction Research & Theory*. 20, 382-388. **IF: 1.0**
- [A22] Clark, A., Tran, C., Weiss, A., Caselli, G., **Nikčević, A. V.** & Spada, M. M. (2012). Personality and alcohol metacognitions as predictors of levels of alcohol use in binge drinking university students. *Addictive Behaviors*, 37, 537-540. **IF: 2.5**
- [A21] Currid, T.J., **Nikčević, A. V.** & Spada, M.M. (2011). Cognitive-Behavioural Therapy and its relevance to nursing. *British Journal of Nursing*, 20, 1302-1306. **IF: 1.0**

- [A20] Spada, M.M., Caselli, G., Manfredi, C., Rebecchi, D., Rovetto, F., Ruggiero, G.M., Sassaroli, S. & **Nikčević, A. V.** (2012). Parental overprotection and metacognitions as predictors of worry and anxiety. *Behavioural and Cognitive Psychotherapy*, 40, 287-296. **IF: 1.7**
- [A18] **Nikčević, A. V.** & Spada, M. M. (2010). Metacognitions about smoking: a preliminary investigation. *Clinical Psychology and Psychotherapy*. 17, 536-542. **IF: 1.7**
- [A17] Fernie, B. A., Spada, M. M., **Nikčević, A. V.**, Georgiou, G. & Moneta, G. B. (2009). Metacognitive beliefs about procrastination: development and concurrent validity of a self-report questionnaire. *Journal of Cognitive Psychotherapy*, 23, 283-293. **IF: 1.3**
- [A16] Isa Alfaraj, A. M. A., Spada, M. M., **Nikčević, A. V.**, Puffett, A. & Meer, S. (2009). Positive beliefs about rumination in depressed and non-depressed pregnant women: a preliminary investigation. *Journal of Reproductive and Infant Psychology*, 27, 54-60. **IF: 0.8**
- [A15] Spada, M. M., Nuamah, F., Luty, J. & **Nikčević, A. V.** (2008). Changes in alcohol expectancies before and after inpatient chemical detoxification for alcohol dependence. *Addictive Disorders & Their Treatment*, 7, 157-162.
- [A14] Spada, M. M., Langston, B., **Nikčević, A. V.** & Moneta, G. B. (2008). The role of metacognitions in problematic internet use. *Computers in Human Behavior*, 24, 2325-2335. **IF: 2.5**
- [A13] **Nikčević, A. V.** & Spada, M. M. (2008). Metacognitions across the continuum of smoking dependence. *Behavioural and Cognitive Psychotherapy*, 36(3), 333-339. **IF: 1.7**
- [A12] Spada, M. M., **Nikčević, A. V.**, Moneta, G. B. & Wells, A. (2008). Metacognition, perceived stress, and negative emotion. *Personality and Individual Differences*, 44, 1172-1181. **IF: 2.3**
- [A11] **Nikčević, A. V.**, Kuczmierczyk, A.R. & Nicolaidis, K. H. (2007). The influence of medical and psychological interventions on women's distress after early pregnancy loss. *Journal of Psychosomatic Research*, 63, 283-290. **IF: 3.6**
- [A10] Spada, M. M., **Nikčević, A. V.**, Moneta, G. B. & Wells, A. (2007). Metacognition as a mediator of the relationship between emotion and smoking dependence. *Addictive Behaviors*, 32, 2120-2129. **IF: 2.5**
- [A08] Spada, M. M., **Nikčević, A. V.**, Moneta, G. B. & Ireson, J. (2006). Metacognition as a mediator of the effect of test anxiety on a surface approach to studying. *Educational Psychology*, 26, 615-624. **IF: 1.0**
- [A07] Spada, M. M., Hiou, K. & **Nikčević, A. V.** (2006). Metacognitions, emotions, and procrastination. *Journal of Cognitive Psychotherapy*, 20, 319-326. **IF: 1.3**
- [A06] **Nikčević, A. V.** (2003). Development and evaluation of a miscarriage follow-up clinic. *Journal of Reproductive and Infant Psychology*, 21, 207-217. **IF: 0.8**
- [A05] **Nikčević, A. V.**, Kuczmierczyk, A. R., Tunkel, S. A. & Nicolaidis, K. H. (2000). Distress after miscarriage: Relation to the knowledge of the cause of pregnancy loss and coping style. *Journal of Reproductive and Infant Psychology*, 18, 339-343. **IF: 0.8**
- [A04] **Nikčević, A. V.**, Tunkel, S. A., Kuczmierczyk, A. R., & Nicolaidis, K. H. (1999). Investigation of the cause of miscarriage and its influence on women's psychological distress. *British Journal of Obstetrics & Gynaecology*, 106, 808-813. **IF: 3.4**
- [A03] **Nikčević, A. V.**, Kupek, E., Snijders, R. & Nicolaidis, K. H. (1999). Some psychometric properties of the Texas Grief Inventory adjusted for miscarriage. *British Journal of Medical Psychology*, 72, 171-178. **IF: 1.2**
- [A02] **Nikčević, A. V.**, Tunkel, S. A. & Nicolaidis, K. H. (1998). Psychological outcomes following missed abortions and provision of follow-up care. *Ultrasound in Obstetrics and Gynecology*, 11, 123-128. **IF: 3.1**
- [A01] **Nikčević, A. V.**, Kuczmierczyk, A. R. & Nicolaidis, K. H. (1998). Personal coping resources, responsibility, anxiety and depression after early pregnancy loss. *Journal of Psychosomatic Obstetrics and Gynecology*, 19, 145-154. **IF: 1.6**



## BOOK CHAPTERS

---

- [C02] Ezzamel, S., Spada, M.M. & **Nikčević, A. V.**, (in press). Cognitive-behavioural case formulation in the treatment of a complex case of social anxiety. In M.H. Bruch (Eds). *Beyond Diagnosis: Case Formulation in Cognitive behavioural Psychotherapy*. London, UK: Wiley.
- [C01] **Nikčević, A. V.**, (2006). Miscarriage: Conceptualisation and treatment of the psychological sequelae. In A. V. Nikčević, A.R. Kuczmierczyk & M. Bruch (Eds.), *Formulation and Treatment in Clinical Health Psychology*. London, UK: Brunner-Routledge.

## BOOKS

---

- [b02] **Nikčević, A. V.**, Spada, M.M. & Caselli, G. (in preparation, delivery April 2014). *Third Wave Behavioural and Cognitive Therapies: An Introduction*. London, UK: Routledge.
- [B01] **Nikčević, A. V.**, Kuczmierczyk & M. H. Bruch (Eds.), *Formulation and Treatment in Clinical Health Psychology*. London, UK: Brunner-Routledge. (translated into Japanese language)

## CONFERENCE PRESENTATIONS & PROCEEDINGS

---

- [P11] Spada, M. M., Maher-Edwards, L., Fernie, B. A., Murphy, G., Wells, A. & **Nikčević, A. V.** (2011). Metacognitions and negative emotions as predictors of severity of symptoms in chronic fatigue syndrome. Invited Symposium Paper, *1<sup>st</sup> International Conference on Metacognitive Therapy*, 11-13 May 2011, Manchester, UK.
- [P10] **Nikčević, A. V.** & Spada, M. M. The Role of Metacognition in Smoking. (2011). Invited Symposium Paper, *1<sup>st</sup> International Conference on Metacognitive Therapy*, 11-13 May 2011, Manchester, UK.
- [P08] Fernie, B. A., Spada, M. M., **Nikčević, A. V.**, Georgiou, G. & Moneta, G. B. (2010). Metacognitive beliefs about procrastination: development and concurrent validity of a self-report questionnaire. Poster, *40<sup>th</sup> Congress of the European Association for Behavioural and Cognitive Therapies*, Milan, Italy.
- [P07] **Nikčević, A. V.** & Spada, M. M. (2010). Metacognitions about smoking: a preliminary investigation. Invited Symposium Paper, *40<sup>th</sup> Congress of the European Association for Behavioural and Cognitive Therapies*, Milan, Italy.
- [P06] **Nikčević, A. V.**, Spada, M. M., Moneta, G. B. & Wells, A. (2007). Metacognition, stress, and emotion. Poster, *5<sup>th</sup> World Congress of Beh and Cognitive Therapies*, Barcelona, Spain.
- [P05] **Nikčević, A. V.**, Spada, M. M., Moneta, G. B. & Wells, A. (2007). Metacognition, emotion, and smoking dependence. Poster, *5<sup>th</sup> World Congress of Behavioural and Cognitive Therapies*, Barcelona, Spain.
- [P04] **Nikčević, A. V.** (2002). Medical and psychological interventions after miscarriage and women's distress: a controlled study. Open Paper, *Annual Conference of the BPS Division of Health Psychology*, Sheffield.
- [P03] **Nikčević, A. V.** (1999). Anxiety disorder involving severe marital problems: where to start the treatment? Open Paper, *29<sup>th</sup> Congress of the European Association for Behavioural and Cognitive Therapies*, Dresden, Germany.
- [P02] **Nikčević, A. V.** (1998). Investigations of the cause of miscarriage and women's psychological distress. Open Paper, *28<sup>th</sup> Congress of the European Association for Behavioural and Cognitive Therapies*, Cork, Ireland.